

The *Asma-ul Husna* [Most Beautiful Names] belong to Allah. So call on Him by them, (Al A'raf:180)

Positivity Prayers

Recommended by Murshid Shaykh Taner Vargonen Ansari

1. Connect to Allah.
2. Intend to pray for yourself, your family, community, country, and the world.
3. Repeat each set 3 to 33 times a day, a minimum of 3 days per week.

ZIKR [Repeated Remembrance with Contemplation]	MEANING
Ya Hadi Ya Haqq Ya Latif	Guidance to the Truth with Ease
Ya Alim Ya Hakim Ya Hasib Ya Haqq Ya Rashid	Knowledge, Wisdom, Calculation, Just & Maturity
Ya Mu'min Ya Rashid	Mature Believers
Ya Wadud Ya Salaam Ya Jami Ya Nafi	Love, Peace & Togetherness in Goodness
Ya Adl Ya Muqsit Ya Haqq Ya Salaam	Balance (physical, emotional, mental)
Ya Muhaymin Ya Hafiz	Protection from all evil (hidden and apparent)
Ya Fattah Ya Razzaq	Opening Door for Sustenance
Ya Ghani Ya Razzaq	Self-Sufficiency in Sustenance
Ya Karim Ya Wahhab	Generosity and Benevolence
Ya Muqtadir Ya Qadir Ya Nafi	Ability to Do Things in Goodness
Ya Qawi Ya Matin Ya Shafi	Strength, Endurance and Healing
Ya Ghalib Ya Azim	Success
Ya Sabur Ya Latif	Patience and Tolerance with Kindness
Ya Ghafur Ya Afu	Absolution and Forgiveness
Ya Shakur Ya Mujib	Gratitude and Acceptance

Al Fatiha