

BASIC ZIKR SCRIPT

ANSARI QADIRI RIFAI CONGREGATIONAL ZIKR SCRIPT

1. DESTUR

*(Everyone turns to face the Qibla. Shaykh places right toe over left toe; right fist over heart and guides everyone to say **HU**)
Shaykh says the following aloud:*

Destur ya Allah.

Destur ya Rasulullah.

Destur ya Ali Waliyul Allah.

Destur ya Qutbul Zaman.

Destur ya Sahibel Meydan.

2. AL FATIHA

(The group says out loud along with the Shaykh.)

**Allahumma salli a'la Sayyidina
Muhammedin wa a'la ali Sayyidina
Muhammad.**

**Bismillah'ir Rahman'ir-Rahim
Al hamdu lillahi rabbil a'lamin
ir-Rahman'ir Rahim
Maliki-Yawmid-din
Iyyaka na' budu wa iyaaka nasta'in
Ihdinas siratal mustaqim
siratal ladzhina an' amta a'layhim
Ghayril maghdubi a'layhim
wa lad-zaalin.
Amin.**

3. THE TAKBIR

Shaykh faces congregation, checks to see if

1. PERMISSION

Please grant permission O Allah.

Please grant permission, O Rasulullah.

Please grant permission O Ali Wali of Allah.

Please grant us permission, Qutbul Zaman.

Please grant permission, Sahibel Meydan.

2. THE OPENING SURAH

Our God, send honor upon our Leader
Muhammad and upon his family.

In the name of Allah who is Rahman [*The One Who Acts with Mercy*] and Rahim [*The Source of Mercy*].

May Allah the Rab [*Lord; Master*] of the worlds be praised, the Merciful, the Compassionate. The Malik [*Ruler*] on Judgment Day (*Who decides who did right and who did wrong*). We are devoted to You and we ask for Your help. Guide us to the sirat al mustaqim [*confirmed path; sure path*]. The path of those on whom you have bestowed Your grace, not of the daalin [*those who misguided themselves and deserve Your wrath*].
Amen.

3. ALLAH'S GREAT WORD

everyone is ready and says: **Hadhara Takbiri Lillah**

4. Everyone sings, facing Qibla
Allahu akbar, Allahu akbar, la ilaha illallah-hu wallahu akbar, Allahu akbar wa lillahil hamd. (3 times)

Shaykh directs dervishes to sit down in a circle, men on right, women on left.

5. MEDET

Shaykh making rabita says silently to him or herself the medet to silsila:

**Medet Ya Allah
Medet Ya Rasullulah
Medet Ya Ali Waliyul Allah
Medet Ya Abdul Qadir Geylani
Medet Ya Ahmad er Rifai
Medet Ya Abdullah Hashimi
Medet Ya Muhammad Ansari
Medet Ya Muhyiddin Ansari
Medet Ya Shaykh Taner Ansari and
Shaykha Muzeyyen Ansari**

Shaykh leads everyone to recite: Al Fatiha

OVERTURE

6. BISMILLAH 'IR RAHMAN 'IR RAHIM

Checking to see if everyone is paying attention Shaykh begins to lead Zikr:

Bismillah'ir Rahman'ir-Rahim

Movement: Pendulum

*(Note to Shaykh: to stop each zikr say **illallah** and repeat the following at the end of each zikr)*

Khatemen Nebi Rasulullahu Haqqaan wa sidqa.

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4.

God is Greater than Great, God is Greater than Great, God is Greater than Great. There is no God but Allah, and God is Greater than Great and unto God be praised.

5. SUPPLICATION FOR HELP

Help us O Allah
Help us O Rasullulah
Help us O Ali Wali of Allah
Help us O Abdul Qadir Geylani
Help us O Ahmad er Rifai
Help us O Abdullah Hashimi
Help us O Muhammad Ansari
Help us O Muhyiddin Ansari
Help us O Shaykh Taner Ansari and Shaykha Muzeyyen Ansari

OVERTURE

6. IN THE NAME OF ALLAH.

In the name of Allah who is *Al Rahman* [source of Mercy] and *Al Rahim* [one who acts with Mercy].

The Seal of our Prophets, messenger of Allah, Reality and Truth.

*(Shaykh says before Estaughfirallah zikr: **Ya ayyuhal-ladzhina amanu, tubu ilallahi taw-batan nasuha.***

O Allah, please clean our hearts of everything but You.

7. ESTAUGHFIRALLAH

7. REPENTANCE

Movement: Pendulum

*Shaykh leads: **Estaughfirallah, tubtu ilallah, wa na haytu qalbi a'n ma siwallah.***

I seek forgiveness from Allah. I turn in repentance to Allah, and please clean my heart of everything that is not Allah.

8. Movement: Pendulum

*Shaykh changes zikr to: **Estaughfirallah** (fast)*

8. I seek forgiveness from Allah.

9. SALAWATS

9. PEACE UPON PROPHET MUHAMMAD

Shaykh recites before Salawat upon Prophet Muhammad: (English or Arabic)

A'edzhu billahi minash-shaytan'ir-rajim. Bis-millah'ir-Rahman'ir-rahim. Inna allaha wal mala-ikatahu yusalluna a'lan-nabiyyi. Ya ayyu-hal-ladzhina amanu, sallu a'laihi wa sallimu tesli-ma.

I seek refuge in Allah from Shaytan the banished. In the name of Allah who is *Al Rahman* [source of Mercy] and *Al Rahim* [one who acts with Mercy]. Allah the most High says in Quran-i-Karim that Allah and His angels shower their peace and blessings upon the Prophet. So you do the same.

Movement: Pendulum

Shaykh leads Salawat:

Allah humma salli a'la sayyidina Muhammedin wa a'la alihi wa-sahbi hi wa sallim

O Lord, send honor upon our leader Muhammad and on his family and companions, and peace.

*Shaykh leads everyone to recite: **Al Fatiha***
Shaykh says:

Allah the Most High says in Quran-i-Karim: This Nur is found in the houses where Allah has allowed His praise to be done through zikr in the morning and in the evening. (Nur, 36)

*Everyone makes sejda to the light in the middle and says **Hu.***

10. GULBENK

Shaykh says the following:

Bi Tawfiqi Allah.

Bi Shafa'ati Rasulullah.

Bi ijazati Ali Waliyul Allah.

Bi ijazati Abdul Qadir Geylani.

Bi ijazati Ahmad er Rifai.

Bi ijazati Abdullah Hashimi.

Bi ijazati Muhammad Ansari.

Bi ijazati Muhyiddin Ansari.

**Bi ijazati Shaykh Taner Ansari and
Shaykha Muzeyyen Ansari.**

11. *Shaykh leads everyone to sit up and
recite: Al Fatiha*

BODY OF ZIKR

12. KALIMAT AL TAWHID

*Shaykh checks to see if everyone is ready by
making eye contact and says: Qala men la
ilaha ila Hu*

*He or she then leads congregation into next
zikr.*

Movement: Circular head movement

La ilaha illallah

13. *Shaykh changes zikr to, jahri (in Turkish,
cehri, meaning louder) zikr.*

Movement: Triangulation, sitting

La ilaha illallah

These ilahis are sung and in this order:

Yüzün Nuru Hudadır

Seyreyleyip Yandım

Abdul Qadir ül Geylani

10. PERMISSION.

With the succor of Allah.

With the intercession of the Prophet.

By permission of Ali, Wali of Allah

By permission of Abdul Qadir Geylani,

By permission of Ahmad er Rifa'i

By permission of Abdullah Hashimi

By permission of Muhammad Ansari

By permission of Muhyiddin Ansari

By permission of Shaykh Taner Ansari and
Shaykha Muzeyyen Ansari.

11. Opening Sura

BODY OF ZIKR

12. BEARING WITNESS OF ALLAH'S ONENESS

Say with the words of Allah.

There is no God but Allah.

*(Congregation moves head in circular motion
beginning with head bent to the right "la ila,"
then up to center "ha," then down to left
"illallah". Continuing the downward
momentum, the participant will close the
circle by bringing the head back to the right
and repeat.)*

13. There is no God but Allah.

*(Still in sitting position, the congregation
moves upper body over right knee "la", back
to center "ila", over left knee "hailla", then
back to center "llah.")*

Shaykh says: Allah says in Quran-i Karim, and there are believers who remember me sitting, standing and reclining, and look into the space and contemplate and say, "O Lord, you haven't created all this for nothing. All praise belongs to you. Please protect us from the torment of fire."

Shaykh directs everyone to stand up.

14. ALLAH ZIKR

*Everyone is standing and Shaykh leads in singing **Sirni Ala***

Movement: Hazreti Hajar Zikr

*Shaykh transitions to **Allah Allah Allah Allah** zikr*

Movement: Wheatfield Zikr

This ilahi is sung:

Güzel Aşık

15. Allah Hayy, Ya Qayyum zikr.

Movement: Silat Move

These ilahis are sung:

İki Kere Gavs Oldu

Mevlam Nurdan Yaratmış

16. Hayy

Movement: Ski pole

These ilahis are sung:

Can Yine Bülbül Oldu

Canı Dilden Fani

17. Ya Wadud, Ya Salam Ya Jami

Movement: Sema

14. ALLAH ZIKR

(Hazreti Hajar Zikr: Now standing, congregation joins in the song's refrain slowly swaying right with hands and palms uplifted "Allahhh," then to left with hands and palms uplifted "Allahhh," then again to right, then left. Total 4x each refrain.)

(Wheatfield Zikr: Congregation transitions to a slightly quicker and constant swaying or turning right "Allah" and left "Allah" with arms down by side. One cycle is, Right "Allahh," Left "Allahh," Right "Allahh," Left "Allahh-a," Right "Allahh," Left "Allahh," Right "Allahh," Left "Allah." Repeat)

15. Allah the Ever Living, the Eternal

16. O Living

17. Oh Love, Oh Peace, Oh Togetherness

These ilahis are sung:

Bütün Evren Semah Döner
Hacı Bektaş

18. **Hu**, *slow*

Movement: Ski pole

18. Thou/He/She/It

These ilahis are sung in this order:

Seni Ben Severim
Hizmetini Edemedim

*Shaykh goes around to each participant,
repeating HU to each, giving each one energy
(muqabbila).*

19. Shaykh leads **Hu** fast.

19. Thou/He/She/It

Movement: Ski pole.

*Shaykh sings the following as congregation
repeats Hu:*

Es salatu wa salamu a'leyke ya
Rasulullah.

Es salatu wa salamu a'leyke ya
Habibullah.

Es salatu wa salamu a'leyke ya
Seyyid el Ewelina wal akhiri,
wa salamun a'lal Murseliyn,
wa alhamdulillahi rabbil a'lamin

*(congregation says this last line in unison
with the Shaykh)*

Peace and blessings be upon you, Messenger
of God.

Peace and blessings be upon you, O Lover of
God.

Peace and blessings be upon you, O Master
of before and later,
and peace be upon all the Prophets,
and praise be to Allah, lord of the worlds.

*Shaykh says: **Al Fatiha**.*

*(Shaykh may direct another person say **Al**
Fatiha here and everyone recites it.)*

Shaykh guides everyone to sit down.

The Opening Sura

20. DUAS

20. PERSONAL SUPPLICATIONS

*Personal **Dua** and **Zikr** for supplication to the
world, Shaykh assists with determining
appropriate zikr to recite.*

*The Shaykh finishes with a longer dua for the
world and more repetitions of Allah's Names*

Each person says a short prayer invoking
two of the Names of Allah

in the dua.

21. PROTECTION SURAS

Shaykh leads everyone to recite:

Sura Ikhlas (3 times)

Sura Falaq (1 time)

Sura Nas (1 time)

*Shaykh leads everyone to recite **Al Fatiha***

22. SHUKRAN

Shaykh leads everyone in sejda and then to stand up and face Qiblah.

*Shaykh leads everyone to say **Hu** as he recites:*

Shukran ya Allah.

Shukran ya Rasulullah.

Shukran ya Ali Waliyul Allah.

Shukran ya Qutbul Zaman.

Shukran ya Sahibel Meydan.

*Shaykh leads everyone to recite **Al Fatiha***

23. SALAM

*Shaykh says: **Bismi Dhate Allah.***

*Congregation responds with: **HU.***

Shaykh: As Salam alaykum

*Congregation responds with **Wa alaykum as Salam wa rahmatullah wa barakatahu***

*Shaykh says: **Takbir!** (3 times).*

*Congregation responds: **Allahu Akbar!** (3 times).*

Zikr is finished.

21. PROTECTION PRAYERS

Sura 112 Unity; Sincerity

Sura 113 Daybreak

Sura 114 Human Beings

The Opening Sura

22. GIVING THANKS

Prostrate and then stand up

Thank you O Allah

Thank you O Rasulullah

Thank you O Ali Wali of Allah

Thank you O Qutbul Zaman

Thank you O Sahibel Meyhdan

The Opening Sura

23. SENDING GREETINGS & PEACE

Shaykh says; With the essence of Allah's name. May Allah's peace be upon you

Congregation responds with: and on you Allah's peace, mercy and blessings.