

Murid's Daily Practices

(Wazifas)

**Information and Guidance
For Dervishes of the
Ansari Qadiri Rifai Tariqa**



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The Asma-ul Husna [Most Beautiful Names] belong to Allah. So call on Him by them (Al A'raf:180).

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Keywords

Allah: The God; The Highest Power

Allahumma Salli wa Sallim

ala Sayyidina Muhammad: O our Allah, please give Your Peace and Blessings to our Revered Master Muhammad

Arsh: Throne

Astaghfirullah Al Azim: Please absolve me, O Allah, The Magnificent One

awliya: those assigned by Allah

as helpers and protectors

dervish: a student of Sufism

haqiqa: the state of knowing absolute truth

Haqq: Truth; Reality

Hayy: Alive; Living

Hazrat: honorific title

Hu: You (Allah)

iman: certainty of conviction and connection to Allah; faith

insan: human being

Islam: The acceptance of Allah's terms

jahri: in a hearable voice; loud

jahri zikr: outward, audible or loud **zikr**

khafi: hidden; subtle

khafi zikr: silent **zikr**

La ilaha illallah: There is no other higher power than Allah

Latif: Subtle and Kind

maqam: station

mihrab: qibla; the direction we turn to

mu'minin: believers

Murid: Sufi student

Murshid: Teacher of the Sufi Path

nafs: ego

namaz: formal Islamic worship that is observed five times daily; also known as **salat**

Nur: Light; Energy

Qahhar: Overpowering

Qayyum: Self-Existing; Eternal; Caretaker

Rab: Lord

rabita: heartfelt connection;

purposeful spiritual connection

Rasulullah: Messenger of Allah

sadr: chest; innermost self; door to the heart

sahaba: companions of Prophet Muhammad (peace be upon him)

sajda: prostration

salat: a system of connection and devotion to Allah

salawat: the invocation of peace and blessings upon Prophet Muhammad

Shaykh(a): spiritual teacher; elder

Sufism: a process of attaining closeness to the Creator through love, which is attained by purification of the

nafs; tasawwuf

sura: chapter

taqwa: self-vigilance; devotion

tariqa: path; Sufi order

tasawwuf: Sufism

tasbih: repeated glorification

tawba: repentance

Tur: Mount

Ummul Kitab: Total Knowledge; Mother Book

Waliullah: Friend of Allah

wazifa: individual **zikr**; personal practice whereby a student of Sufism repeatedly invokes the attributes of Allah according to a formula prescribed by their teacher

wird: daily recitation

Ya: O

zikr: remembrance; mentioning Allah's name repeatedly with intention, contemplation, glorification or supplication

Introduction

This sacred knowledge is an inheritance of Hazrat Abdul Qadir Geylani and Hazrat Ahmed er Rifai through Shaykh Muhyiddin Ansari to us. The goal of each *murid* is to learn Allah and attain closeness through love and service. The advice of the *Pirs* is to read the Qur'an, be the Qur'an and represent the *insan* that is expected and mentioned in the Qur'an. To achieve this, we need to go through purification of the *nafs* [ego] and transformation of the *nafs*. There are seven layers of *nafs* that we have to go through. They are:

1. *nafs-i ammara*,
2. *nafs-i lawwama*,
3. *nafs-i mulhama*,
4. *nafs-i mutma'ina*,
5. *nafs-i radziyya*,
6. *nafs-i mardziyya*,
7. *nafs-i safiyya*.

When you go through these levels, you do spiritual *mi'raj* [ascension]. You will learn more about these through your Shaykh¹.

❖ What is expected of a seeker of Allah's Face is:

1. To hold on to the rope of Allah
2. To do your *wazifa* everyday
3. To pay your tithing

Whoever does these, the *Pirs* guarantee advancement.

❖ It is advisable:

1. To read the Qur'an in English or in your own language daily.
2. To attend Group *Zikr* as often as possible.
3. To do exercise daily.
4. Not to decide on your own to change your practices.
5. Not to discuss your practices, visions and dreams with other *murids* but only to your assigned guides.

How to make Rabita

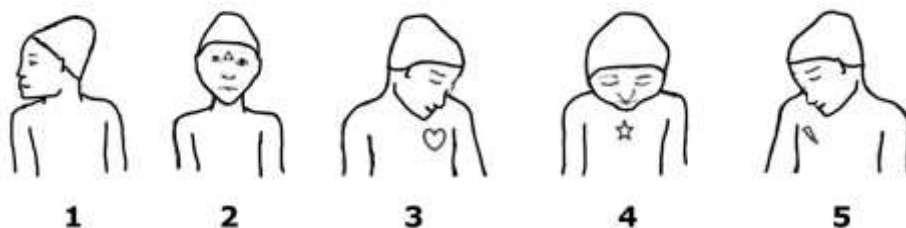
It is recommended to make *rabita* [connection] before doing anything, especially before beginning your *wazifa*. You think of your Shaykh, and say, "I am not doing this, my Shaykh is doing this." Refer to the **Required Learning Materials** for more about *rabita*.

How to do Zikr

Zikr is done *jahri* or *khafi*. *Khafi zikr* is done below the normal voice. For us, it has to be *jahri*, outer. Your ear has to hear what you are saying. The *zikr* has to vibrate your body and the breath has to move your chest.

1: It is implied that the Shaykh can be either a man or a woman ("Shaykha").

Contemplation and Movement in Doing Zikr



la ila-ha il-lal-lah: Circular head movement

la ila: To the *nafs*. Head moving from right shoulder (Fig 1) to forward (Fig 2)

ha: Focus on third eye. Head faced forward (Fig 2)

il-lal: To the heart. Head bending toward heart (Fig 3)

lah: From *ruhani ruh* & *sultani ruh* in the heart to *seyrani ruh* in the *sadr*.

Head moving from heart (Fig 3) to *sadr* (Fig 4).

Ya Allah: Head bowing to heart (Fig 3)

Ya Hu: Distributor to everywhere. Head lowering to *sadr* (Fig 4)

Ya Haqq: Head bowing to heart (Fig 3)

Ya Hayy: To the whole body. Head lowering down (Fig 4)

Ya Qayyum: To the whole body. Head lowering down (Fig 4)

Ya Qahhar: To the *nafs* – desires represented by the air in the lungs (Fig 5)

Ya Latif: To the whole body. Head lowering down (Fig 4)

Fatiha

Note: The following **Salawat** is recited before reciting *Sura Al Fatiha*.

**Allahumma salli ala Sayyidina
Muhammadin wa ala
aali Sayyidina Muhammad**

O our Allah! Please send Your peace
and blessings upon our Revered Master
Muhammad and his family.

Sura Al Fatiha

**A-uzu billahi min
ash-shaytanir-rajim.**

Bismillahir Rahmanir Rahim.

**Al hamdu lillahi
Rabbil 'Alamin.**

Ar Rahmanir Rahim.

Maliki Yawm id-Din.

**Iyaka na'budu
wa iyaka nasta'in.**

Ihdinas sirat al mustaqim.

Siratal-lazina

an 'amta 'alayhim,

Ghayril maghdubi 'alayhim

wa lad-daalin. (Amin)

Opening Chapter of the Qur'an

I seek refuge in Allah from Satan, the outcast.

In the name of Allah, The One Who Acts with
Mercy, The Source of Mercy.

All gratitude and praise belong to Allah,
the Lord of the worlds.

The One Who Acts with Mercy, The Source of
Mercy. The Owner of the Dominion on Judgment
Day. We connect and devote ourselves to You,
and we ask for Your help.

Guide us to the confirmed and sure path.

The path of those on whom You have bestowed
Your grace, not of those who deserve Your wrath
nor of those who misguide themselves. (Amen)

Daily Practices (Wazifas)

To Begin *Zikr*:

- ❖ Perform your *wudu* [ritual ablution].
- ❖ Make *rabita*.
- ❖ Recite ***Destur*** [Permission]:

Destur Ya Allah, Ya Rasulullah, Ya Ali Waliullah, Ya Abdul Qadir al Geylani, Ya Ahmed er Rifai, Ya Abdullah Hashimi, Ya Muhammed Ansari, Ya Muhyiddin Ansari, Ya Taner Ansari and Ya Muzeyyen Ansari, Ya Sheila Foraker Al Ansari

- ❖ Open with ***Fatiha: Salawat*** and ***Sura Al Fatiha*** (Pg 3).
- ❖ Recite one of the ***Wirds***.

Note: We belong to the Ansari Qadiri Rifai Order and our *Wirds* should be recited as follows: one day the ***Qadiri Wird*** (Pg 6) and the next, the ***Rifai Wird*** (Pg 10). Your *Wazifa* starts with this.

- ❖ Recite the ***Zikr*** below.

Note: This is general and the Shaykh decides the amount for each individual.

	No. of times	Focus and Direction
Bismillahir Rahmanir Rahim	101	
Astaghfirullah Al Azim	101	
Allahumma Salli wa Sallim ala Sayyidina Muhammad La ilaha illallah	301	
	301 (for women)	Circular head movement
	501 (for men)	
Ya Allah	101	To the heart
Ya Hu	101	To the <i>sadr</i>
Ya Haqq	101	To the heart
Ya Hayy	101	To the whole body
Ya Qayyum	101	To the whole body
Ya Qahhar	101	To the <i>nafs</i>
Ya Latif	101	To the whole body

- ❖ Make ***Dua*** [Supplication] (See Pg 5 for Suggested *Dua*).
- ❖ Then recite the following ***Suras*** (Pg 12):

Al Ikhlas	3 times
Al Falaq	1 time
Al Naas	1 time

- ❖ Recite ***Shukran*** [Thank You]:

Shukran Ya Allah, Ya Rasulullah, Ya Ali Waliullah, Ya Abdul Qadir al Geylani, Ya Ahmed er Rifai, Ya Abdullah Hashimi, Ya Muhammed Ansari, Ya Muhyiddin Ansari, Ya Taner Ansari and Ya Muzeyyen Ansari, Ya Sheila Foraker Al Ansari

- ❖ End with ***Fatiha: Salawat*** and ***Sura Al Fatiha*** (Pg 3)

The following *tasbihs* suggested by Shaykh Taner is optional and may be done as additional *zikrs* after having completed your personal daily *Zikr* and/or *salat* (*namaz*).

Subhan Allah	33 times	Exalted is Allah
Alhamdulillah	33 times	All Gratitude and Praise Belong to Allah
Allahu Akbar	33 times	Allah is Greater than Great
Shukran Ya Allah	33 times	Thank You, O Allah

Positivity Prayers

Connect to Allah. Intend to pray for yourself, your family, community, country, and the world. Repeat each set 3 to 33 times a day, a minimum of 3 days per week.

ZIKR	MEANING
Ya Hadi Ya Haqq Ya Latif	Guidance to the Truth with Ease
Ya Alim Ya Hakim Ya Hasib Ya Haqq Ya Rashid	Knowledge, Wisdom, Calculation, Just & Maturity
Ya Mu'min Ya Rashid	Mature Believers
Ya Wadud Ya Salaam Ya Jami Ya Nafi	Love, Peace and Togetherness in Goodness
Ya Adl Ya Muqsit Ya Haqq Ya Salaam	Balance (physical, emotional, mental)
Ya Muhaymin Ya Hafiz	Protection from all Evil (hidden and apparent)
Ya Fattah Ya Razzaq	Opening Door for Sustenance
Ya Ghani Ya Razzaq	Self-Sufficiency in Sustenance
Ya Karim Ya Wahhab	Generosity and Benevolence
Ya Muqtadir Ya Qadir Ya Nafi	Ability to Do Things in Goodness
Ya Qawi Ya Matin Ya Shafi	Strength, Endurance and Healing
Ya Ghalib Ya Azim	Success
Ya Sabur Ya Latif	Patience and Tolerance with Kindness
Ya Ghafur Ya Afu	Absolution and Forgiveness
Ya Shakur Ya Mujib	Gratitude and Acceptance

Suggested *Dua* [Supplication]

O Allah, please show us the truth and make it easy for us to follow and act with it, and please show us the false and make it easy for us to avoid it; please open our hearts to Islam and keep our hearts fixed on Islam.

O Allah, please guide us on the straight path and include us among Your righteous devotees with whom You are pleased and whose prayers You accept; O Allah, please forgive us and bless us with Your material and spiritual sustenance in this world and in the Hereafter, and save and protect us from the torment of Fire. *Amin*.

O Allah, we thank You very much for giving us the opportunity to do Your *zikr* and read Your Qur'an and thank You very much for Your gathering and Your light. We would like to share these blessings with our Prophet Muhammad, peace be upon him, and his family and his descendants and all the prophets and their families, and all the *sahaba* and all those people who have contributed to Islam even an inch, and all the martyrs, and also with all Your *awliya* and their wives and their mothers and their families, especially the founders of Sufism and *Tariqa*, Hazrat Ali *radi Allahu anhu* [May Allah be pleased with him] and the 12 imams and their descendants, and Hazrat Abdul Qadir Geylani and Hazrat Ahmed er Rifai, Hazrat Abdullah Hashimi, Hazrat Muhammed Ansari, Hazrat Muhyiddin Ansari, Shaykh Taner Ansari and Shaykha Muzeyyen Ansari and Shaykha Sheila Foraker Al Ansari. Furthermore, we would like to share it with all the deceased, including Your sinful dependents, all those who need blessings from You, but they do not have anybody to read even *Fatiha* for them. Finally, we would like to share it with all Your angels and all the people of the heavens and the earth who need spiritual help. Please accept our *dua*. *Amin*

Qadiri Wird

A-uzu billahi min ash-shaytanir-rajim.
Bismillahir Rahmanir Rahim.
Al hamdu lillahi Rabbil 'Alamin.
Ar Rahmanir Rahim.
Maliki Yawm id-Din.
Iyaka na'budu wa iyaka nasta'in.
Ihdinas sirat al mustaqim.
Siratal-lazina an 'amta 'alayhim,
Ghayril maghdubi 'alayhim wa lad-daalin. (Al Fatiha:1-7)
(Wipe face with hands)

Innallaha wa malaa-ikatahu yu-salluna alan-Nabi.
Ya ayyuhal-lazina amanu sallu alayhi wa sallimu taslima. (Al Ahzab:56)

Amin.

Allahumma salli wa sallim wa barik ala Sayyidina Muhammadin
wa ala aalihi wa sahbihi ajjma'in

Sub-haana Rabbika Rabbil izzati amma yasifun.
Wa salaamun alal mursalin.
Wal hamdu lillahi Rabbil 'Alamin. (Al Saffat:180-182)

As-salaatu was-salaamu alayka ya Rasulallah
As-salaatu was-salaamu alayka ya Habiballah
As-salaatu was-salaamu alayka ya Khalilallah
As-salaatu was-salaamu alayka ya Nabiyallah
As-salaatu was-salaamu alayka ya Safiyallah
As-salaatu was-salaamu alayka ya Khayra Khalqillah
As-salaatu was-salaamu alayka ya Nure Arshillah
As-salaatu was-salaamu alayka ya Amiyne Wahyillah
As-salaatu was-salaamu alayka ya Man Zayyanahullah
As-salaatu was-salaamu alayka ya Man Sharrafahullah
As-salaatu was-salaamu alayka ya Man Karramahullah
As-salaatu was-salaamu alayka ya Man Azzamahullah
As-salaatu was-salaamu alayka ya Man Allamahullah
As-salaatu was-salaamu alayka ya Sayyid al-Mursalin
As-salaatu was-salaamu alayka ya Imam al-Muttaqin
As-salaatu was-salaamu alayka ya Khatam an-Nabiyyin
As-salaatu was-salaamu alayka ya Rahmatal-lil-'Alamin
As-salaatu was-salaamu alayka ya Shafi al-Muznibin
As-salaatu was-salaamu alayka ya Rasula Rabbil 'Alamin

Salawaatullahi wa malaa-ikatihi wa Anbiya-ih wa Rusulihi
wa hamalati arshihi wa jami khalqihi ala Sayyidina Muhammadin
wa ala aalihi wa sahbihi ajjma-in

Qadiri Wird

I seek refuge in Allah from Satan, the outcast.
In the name of Allah, The One Who Acts with Mercy, The Source of Mercy.
All gratitude and praise belong to Allah, the Lord of the worlds.
The One Who Acts with Mercy, The Source of Mercy.
The Owner of the Dominion on Judgment Day.
We connect and devote ourselves to You, and we ask for Your help.
Guide us to the confirmed and sure path.
The path of those on whom You have bestowed Your grace,
not of those who deserve Your wrath nor of those who misguide themselves.
(Al Fatiha:1-7)

Indeed Allah and His angels shower blessings upon the Prophet.
O you who believe, ask for Allah's blessings on him,
and extend your sincere wishes of peace to him as well. (Al Ahzab:56)

Amen.

O our Allah! Please send peace and blessings upon our Revered Master Muhammad
and all of his families and companions.

Glorified is your Lord, Lord of Majesty, above all that they attribute to Him!
And peace upon the messengers, and all gratitude and praise belong to Allah,
the Lord of the worlds. (Al Saffat:180-182)

May peace and blessings be upon you, O Allah's Messenger
May peace and blessings be upon you, O Allah's Beloved
May peace and blessings be upon you, O Allah's True Friend
May peace and blessings be upon you, O Allah's Prophet
May peace and blessings be upon you, O Sincere Friend of Allah
May peace and blessings be upon you, O the incomparable one of the created of Allah
May peace and blessings be upon you, O Light of Allah's *Arsh*
May peace and blessings be upon you, O Trustee of the Qur'an
May peace and blessings be upon you, O the most adorned of Allah
May peace and blessings be upon you, O the most honored by Allah
May peace and blessings be upon you, O the one who is a blessing of Allah
May peace and blessings be upon you, O the one whom Allah has exalted the most
May peace and blessings be upon you, O the one who has the direct knowledge of Allah
May peace and blessings be upon you, O Revered Master of the messengers
May peace and blessings be upon you, O Leader of the people of *taqwa*
May peace and blessings be upon you, O the seal of the prophets
May peace and blessings be upon you, O the one who has been sent as Mercy
and Compassion to all the realms
May peace and blessings be upon you, O Intercessor of sinners
on the Day of Judgment
May peace and blessings be upon you, O Messenger of the Lord of the worlds

May peace and blessings from Allah and His angels and prophets, messengers
and the ones who carry the *Arsh* and all created things together
be upon our Revered Master Muhammad, and all of his families and companions.

Allahumma salli ala Sayyidina Muhammadin Abdika wa Nabiyyika wa Habibika wa Rasulikan – Nabiyyil ummiyi wa ala aalihi wa sahabihi wa sallim (3 times)

Allahumma salli ala Sayyidina Muhammadinin – Nabiyyil melihi saahibil maqamil ala wal lisaanil fasih (3 times)

**Allahummaj-al afdala salawaatika abada
Wa anma barakaatika sarmada
Wa azka tahiyaatika fadlan wa adada
Ala ashrafil khalaa-iqil insaaniyyat
Wa majmaa-il haqaayikil imaaniyyat
Wa Turit tajalliyaatil ihsaaniyyat
Wa mahbitil asrarir Rahmaaniyyat
Wa arusil mamlakatir Rabbaaniyyat
Wa waasitati iqdin Nabiyyin
Wa muqaddimi jayshil mursalin
Wa qa-idi rakbil Anbiya-il mukarramin
Wa afdalil khalqi ajma-in
Haamilil liwaa-il izzil aala
wa maaliki azimmatil majdil asna
Shaahidi asraril azal
Wa mushaahidi anwaari sawaabiqil uwal
Wa tarjamaani lisaanil qidami
Wa manba'il ilmi wal hilmi wal hikam
Mazhaari sirril judil juz-iyyi wal kulliyyi
Wa insaani aynil wujudil ulwiyyi was suf-liyyi
Ruhi jasadil kawnayn (3 times)**

(while saying this each time, wipe hands over entire body, from head to feet)

Wa ayni hayaatid – daarayn

(while saying 'ayn-i', kiss both thumbnails and then wipe them across both eyes)

**Al mutahaqqiqi bi-ala rutabil ubudiyyat
Al-mutakhalliqi bi-akhlaaqil maqamaatil istifaa-iyyat
Al-Khalilil azam
Wal Habibil akram
Sayyidina Muhammadin
ibni Abdillah ibni Abdil Muttalib
Wa ala saa-iril Anbiya-i wal mursalin
Wa ala malaa-ikati kal muqarrabin
Wa ala ibaadillaahis-salihin
Min ahlis samaawaati wa ahlil-ardina
Kullama zakarakaz-zaakirun
Wa ghafala an zikrikal ghafiluna
Wa sallim wa radiyallahu an as-haabi Rasulillahi ajjma'in.
Amin**

O our Allah! Please send peace and blessings upon our Revered Master Muhammad who is Your Devotee, Prophet, Beloved, Messenger, Prophet who cannot read or write, and to his family and his companions. (3 times)

O our Allah! Please send peace and blessings upon our Revered Master Muhammad, the articulate, beautiful Prophet who is the owner of the highest *maqam*

O our Allah! Please give the best of Your blessings eternally
And Your prosperity that increases for eternity
And Your purest greetings, bountifully and abundantly to the Prophet
Whose dedication and manners are great and incomparable
Who is the example of *insan* that Allah has honored
Who is the *haqiqa* of the *iman*
Who is the *Tur* where Allah's manifestation of His kindness and favor
took place for humanity
Who is the Place where Allah bestowed the secret of His Mercy and Compassion
Who is the Secret of the Place where Allah's Power is Administered
Who is the Foreperson of the prophets' covenant
Who is the Leader of messengers
Who is the Head of dignified prophets
Who is the Most Preferred of all created
Who is the Carrier and Manifester of Greatness and Generosity
Who is the Master of the door of helping in the highest level
Who is the Confirmed Witness, Observer of the secret of the beginning
Who is the Confirmed Witness, Observer of the Light when there was no other creation
Who is the Transmitter of the Revelation
Who is the Source of knowledge, science, Divine wisdom, and softness, kindness.
Who is the Manifestation of the secret of how to do things better, small or great
Who sets the example for *insan* for all the degrees of creation
Who is the soul for this created body* (3 times)

**This means Nur of Muhammad, which is closer to you than you are to yourself.
He is our homeland.*

Who is the eye and insight for the lives of both worlds for us
Who truly exhibits the closest level one can get to Allah as a devotee
Who is the example of how behavior should be for the *maqam* of *tasawwuf*,
nafs purification
Who is the Greatest True Friend, Who is the Honored Beloved (of Allah),
Who is Our Revered Master Muhammad,
the son of Abdullah who is the son of Abdul Muttalib,
and to the other prophets and messengers Allah has sent,
and unto the angels who are closer to Allah,
and to the righteous devotees of Allah,
to all those in the heavens and on earth,
to all who do *zikr* of You,
and to those who are unaware of doing Your *zikr*,
and to the companions of the Messenger of Allah,
give Your blessings and be happy with all of us, O Allah!
Amen

Rifai Wird

A-uzu billahi min ash-shaytanir-rajim. Bismillahir Rahmanir Rahim.
Al hamdu lillahi Rabbil 'Alamin. Ar Rahmanir Rahim. Maliki Yawm id-Din.
Iyaka na'budu wa iyaka nasta'in. Ihdinas sirat al mustaqim. Siratal-lazina
an 'amta 'alayhim, Ghayril maghdubi 'alayhim wa lad-daalin. Amin.
(Al Fatiha:1-7)

Bismillahir Rahmanir Rahim.
Muhammadur-Rasulullah. Wallazina ma'ahu ashiddaa-u alal-kuffaari
ruhamaa-u baynahum. Taraahum rukka'an sujjadan yabtaghuna fadlam
minallahi wa ridwaanaa. Simaahum fi wujuhihim min atharis-sujud. Zaalika
mathaluhum fit-Tawrati wa mathaluhum fil Injil. Kazar 'in akhraja shat-ahu
fa-aazarahu fastaghlaza fastawa ala suqihi yu'jibuz-zurra'a liyaghiza bihimul
kuffaar. Wa adallahul lazina aamanu wa amilus-salihaati minhum maghfiratan
wa ajran azima. (Al Fath:29)

Bismillahir Rahmanir Rahim.
Sabbihisma Rabbikal 'Ala.
Allazi khalaqa fasawwa.
Wallazi qaddara fahada.
Wallazi akhrajil mar'a.
Faja'alahu ghuthaa-an ahwa.
Sanuqri uka falaa tansa,
Illa masha Allah;
inna-Hu ya'lamul jahra wa ma yakhfa.
Wa nuyassiruka lil-yusra.
Fa-zakkir in nafa'atiz-zikra.
Sayaz-zakkaru man yakhsha
Wa yatajannabuhul ashqa.
Allazi yaslan-naaral kubra.
Thumma la yamutu fiha wa la yahya.
Qad af-laha man tazakka.
Wa zakarasma Rabbihi fasalla.
Bal tu'sirunal hayaatad-dunya;
Wal akhiratu khayrun wa abqa.
Inna haazaa lafis-suhufil ula,
Suhufi Ibrahima wa Musa.
(Al 'Ala:1-19)

Bismillahir Rahmanir Rahim.
Inna anzalna hu fi laylatil qadr.
Wa ma adraka ma laylatul qadr.
Laylatul qadri khayrun min alfi shahr.
Tanazzalul malaa-ikatu war-Ruhu fiha bi-izni Rabbihim min kulli amrin:
Salaamun hiya hatta matla'il fajr. (Al Qadr:1-5)

Bismillahir Rahmanir Rahim. Iza jaa-a nasrullahi wal fat-hu,
Wa ra-aytan-naasa yadkhuluna fi dinillahi afwaaja. Fa-sabbih bi Hamdi
Rabbika wastaghfirh. Innahu kaana Tawwaba. (Al Nasr:1-4)

Rifai Wird

I seek refuge in Allah from Satan, the outcast. In the name of Allah, The One Who Acts with Mercy, The Source of Mercy. All gratitude and praise belong to Allah, the Lord of the worlds. The One Who Acts with Mercy, The Source of Mercy. The Owner of the Dominion on Judgment Day. We connect and devote ourselves to You, and we ask for Your help. Guide us to the confirmed and sure path. The path of those on whom You have bestowed Your grace, not of those who deserve Your wrath nor of those who misguide themselves. Amen. (Al Fatiha:1-7)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy. Muhammad is the Messenger of Allah, and those with him are tough against the unbelievers but merciful among themselves. You (Muhammad) see them bowing and doing *sajda* [prostration], and seeking bounty from Allah and His acceptance (and happiness with them). Their marks are on their faces from the traces of *sajda*. Such is their description in the Torah and their description in the *Injil* [Gospel]. It is like a sown seed that sends forth its shoot, and strengthens it, so that it thickens and stands firm upon its stalk, astonishing the planters, so that He may enrage the unbelievers by them. Allah has promised those among them who believe and do good deeds absolution and a tremendous reward. (Al Fath:29)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy. Do *tasbih* [repeated glorification] of the name of your *Rab* [Lord], The Most High, Who creates, and then proportions; Who sets the *qadr* [formulas; measure; laws and regulations; guidelines], and guides; Who brings forth the pasturage, then turns it into dry, darkened stalks. (O Muhammad) We will make you recite it, so you will not forget, unless Allah wills [*masha Allah*]. Truly, Allah knows that which is apparent and that which is hidden. And We will help to ease your way, to bring you to a state of ease. Remind and advise, because advice might be of benefit, but only the ones who show awe and respect will take heed, but the criminal rebels will disregard it. They are the ones who will be flung into the great Fire, in which they will then neither die nor live. The successful ones are those who attain good manners that bring them closer to Allah, and do *zikr* [repeated remembrance with contemplation] of the name of their *Rab*, thus establishing a better connection to Him. But no, you (people) prefer the life of this world. You should know that the Hereafter is better and more enduring. This is surely in the prior scriptures, the scriptures given to Ibrahim [Abraham] and Musa [Moses]. (Al 'Ala:1-19)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy. Surely, We sent (The Qur'an) down on the *Laylatul Qadr* [Night of Power]. We wish to bring you to the realization of what the *Laylatul Qadr* is: The *Laylatul Qadr* is better than a thousand months. On it, the angels and the *Ruh* [Holy Spirit] descend by the permission of their *Rab* [Lord] in regard to every matter (and request). Peace it is, until the rising of the dawn. (Al Qadr:1-5)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy. When Allah's help comes to you, and the triumph, and when you see human beings entering the *din* [practice of acting with the truth] of Allah in multitudes, then do *tasbih* [repeated glorification] of your *Rab* with gratitude and praise, and seek His absolution. Truly, He has always been ready to accept *tawba* [repentance]. (Al Nasr:1-4)

**Bismillahir Rahmanir Rahim. Qul Huwallahu Ahad. Allahus - Samad.
Lam yalid wa lam yulad. Wa lam yakun lahu kufuwan Ahad. (Al Ikhlas:1-4)**

**Bismillahir Rahmanir Rahim. Qul a-uzu bi-Rabbil falaq. Min sharri ma khalaq.
Wa min sharri ghasiqin iza waqab. Wa min sharin-naffaathaati fil uqad.
Wa min sharri haasidin iza hasad. (Al Falaq:1-5)**

**Bismillahir Rahmanir Rahim. Qul a-uzu bi-Rabbil-naas. Malikin-naas.
Ilahin-naas. Min sharril waswaasil khan-naas.
Allazi yu-waswisu fi-sudurin-naas. Minal jinnati wan-naas. (Al Naas:1-6)**

**Bismillahir Rahmanir Rahim.
Al hamdu lillahi Rabbil 'Alamin. Ar Rahmanir Rahim. Maliki Yawm id-Din.
Iyaka na'budu wa iyaka nasta'in. Ihdinas sirat al mustaqim.
Siratallazina an'amta 'alayhim, Ghayril maghdubi 'alayhim Wa lad-daalin.
Amin. (Al Fatiha:1-7)**

**Bismillahir Rahmanir Rahim. Allahumma salli ala Sayyidina Muhammadin wa
ala aali Sayyidina Muhammad kama salayta ala Sayyidina Ibrahim wa ala aali
Sayyidina Ibrahim wa baarik ala Sayyidina Muhammadin wa ala aali Sayyidina
Muhammad kama barakta ala Sayyidina Ibrahim wa ala aali Sayyidina
Ibrahim fil 'alamina innaka Hamidun Majid.**

**Allahumma salli salaatan kaamila wa sallim salaaman tamman ala Nabiyyin
tan-hallu bihil uqad wa tan-fariju bihil kurab wa tuqda bihil hawaa-yiju wa
tuna'lu bihil ra-ghaybu wa husnul khawaatimu wa yustasqal ghamaamu bi
waj-hi-hil karim wa ala aalihi wa sahbihi wa sallim.**

**Allahumma salli ala Sayyidina Muhammadinin Nabiyyul awwaab annaatiqu bil-
haqqi was-sawaab al man'utu fi ummul kitaab al mawsufi bi-fadlil khitab al
manduhi bi suratil Ahzaab al Faatihi likulli khayrin baaba wal baani li jami'i
kulli fadilatin mihrab salaatan tuslahu bihal as-baab wa tuftahu bihal abwaab
wa tukhda'u bihar riqab wa tahunu bihal umurus-si'ab waghfirlana wali
waalidayna walil mu'minina yawma yaqumul hisaab Ya Azizu Ya Wahhab**

**Allahumma ya azimal ghaarati aghithna wa ad-rikna
bi Sayyidina Muhammadin Sallallahu alayhi wa sallam (3 times)**

**As-salaatu was-salaamu alayka ya Sayyidi ya Rasulallah
ya Ahmad qallat hilati wa anta wassilati fa-ad-rikna (3 times)**

**As-salaatu was-salaamu alayka ya Sayyid al Mursalin
anta zahirun lana wa li-kulli karbin azim
Ya Rabbi farrij anna al hamma wa al ghamma
bi fad-li Bismillahir Rahmanir Rahim (3 times)**

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy.
Say, "He, Allah, is *Ahad* [Unique; Formless], Allah is *Al Samad* [The Administrator of All Manifestation]. He does not give birth, nor is He born, and nothing is equal to *Ahad*."
(Al Ikhlas:1-4)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy.
Say, "I seek refuge in the *Rab* [Lord] of the daybreak from the evil of what He created, and from the affliction of the darkness when it intensifies, and from the negativity of those who blow on knots (doing evil magic), and from the harm of the envious ones when they act with envy." (Al Falaq:1-5)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy.
Say, "I seek refuge in the *Rab* of humankind, *Malik* [Ruler] of humankind, *Ilah* [Highest Power] of humankind, from the evil of the one who whispers and runs, the ones who whisper (negativity) into the *sudur* [chests] of human beings, whether they be of *jinn* [hidden beings] or humans." (Al Naas:1-6)

In the name of Allah, The One Who Acts with Mercy, The Source of Mercy. All gratitude and praise belong to Allah, the Lord of the worlds. The One Who Acts with Mercy, The Source of Mercy. The Owner of the Dominion on Judgment Day. We connect and devote ourselves to You, and we ask for Your help. Guide us to the confirmed and sure path. The path of those on whom You have bestowed Your grace, not of those who deserve Your wrath nor of those who misguide themselves. Amen. (Al Fatiha:1-7)

O our Allah! Please send Your peace and blessings to our Revered Master Muhammad and his family as You have sent peace to our Revered Master Abraham and his family and shower Your blessings to our Revered Master Muhammad and his family as You have blessed Abraham and his family in all of the realms. Surely, You deserve all gratitude and praise and You are the Glorious One.

O our Allah! Please give all Your blessings and peace upon the Prophet through whom all the unsolvable problems are resolved, and grief are driven away, and needs are fulfilled, and wishes and best outcomes are attained, and clouds are filled with water for the sake of his noble countenance, and peace and blessings to his family and companions.

O our Allah, please send Your peace and blessings upon Prophet Muhammad who is revered and who speaks the truth and who is defined in the *Ummul Kitab*, the mother book, and who has excellent command and clarity of language and who is defined in the *sura Al Ahzab*; he is the opener of every door of goodness, and the builder for the gatherers of every verse and *mihrab*; he is the connection who establishes the logical steps to do what is right and who opens the doors and who humbles the proud, and who eases the hardship, and intercedes for us and our parents and all the *mu'minin* on the Day of Judgment. You are the Revered One and You are the Bestower.

O our Allah, the Great Possessor, save us and teach us, give us the understanding of our Revered Master Muhammad, may Your peace and blessings be upon him. (3 times)

May peace and blessings be upon you, O Revered Master, O Messenger of Allah, O Ahmad, lower your wings on this insignificant person, you are our intercessor, please enlighten us. (3 times)

May peace and blessings be upon you O Revered Master of all the messengers, You are our refuge and a need in times of great distress. O our Lord, lift up from us worries and grief with the bounty and generosity of *Bismillahir Rahmanir Rahim*. (3 times)