

VOL. 1 ISSUE 1 · MAR 2025



AQIM AL SALAT

CONNECTING TO THE DIVINE

Your Personal Aqim al Salat

Bismillah Al Rahman Al Rahim

In the Name of Allah, The One Who Acts with
Mercy, The Source of Mercy

Prayer (*salat/namaz*) is often seen only as a ritual performed at set times, but in truth, it extends far beyond the physical act of bowing and prostrating. In Sufism, *Aqim al Salat* (to establish a system of connection and devotion to Allah) is both a spiritual and practical way of living—an ongoing awareness of Allah in every moment.

The Qur'anic command *Aqim al Salat* is not just about performing a duty; it is about bringing presence, love, and intention into everything you do.

People are already engaged in countless actions, caring for their families, working, feeding the hungry, and even simply breathing in gratitude, but these actions do not always become *Aqim al Salat* because they lack awareness.

This issue:

This article marks the beginning of a monthly exploration of *Aqim al Salat*, delving into its deeper meaning and practical application, *insha Allah* (God willing).

الْوَدُودُ

Al Wadud
The Loving One

When awareness and presence are added, everything shifts. What was once done out of habit, without a conscious connection to Allah, is now transformed. With mindfulness, these same actions become acts of devotion.

A mother cooking a meal for her children, if done with love and remembrance of Allah, is *Aqim al Salat*. A farmer growing vegetables with love and the intention of feeding others is *Aqim al Salat*. A shopkeeper dealing honestly, a teacher guiding students, a doctor tending to the sick, all of these become forms of *Aqim al Salat* when done with sincerity and divine consciousness.

Every act of worship becomes *Aqim al Salat* when done with connection, love and devotion, rather than simply out of routine. The Prophet Muhammad (pbuh) embodied this state; his every action was *Aqim al Salat*, whether he was praying in the mosque, showing kindness to a child, or seeking those in need of help.

Sufism teaches that spirituality is not separate from daily life. It is found in how you walk, how you speak, and how you listen. The spiritual path is not confined to seclusion; rather, it flourishes through engaging with the world in a way that reflects Allah's love and attributes.

-SHAYKH NISHAAT AHMED SIDDIQI

What are you doing
right now?
Could this
very action be
Aqim al Salat?

If you bring
awareness, sincerity,
and love into it,
then yes, it can.



Project Team

Nadia Liberty
Nasera Dolley
Raesa Shaikh

Editorial Team

Dr Shamim Bodhanya
Shuaib Ghoor
Shaykh Nishaat Ahmed Siddiqi



@aqrtsufi



www.aqrtsufi.org

