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AQIM AL WUDDAH

TO ESTABLISH A CONNECTION OF LOVE

Humility

Preparing the Heart for Allah's Love

Bismillah Al Rahman Al Rahim

In the Name of Allah, The One Who Acts with Mercy,
The Source of Mercy

“The faithful devotees of *Al Rahman* are the ones who walk upon the earth humbly, and when the ignorant address them, their answer is, ‘*Salaam* [Peace].”

Al Furqan [The Criterion of Right and Wrong]: 63

The Quran shows us that humility is not just a quality. It shapes how we walk through life.

In the path, we hear again and again that if you want love, you have to work for it. It is not free. You can talk about love, you can think you have it, but true love belongs to Allah. It does not appear in every heart. It appears in hearts that choose humility over arrogance, becoming kind and merciful.

Human beings were created from earth. And there is a reason for that. The earth embodies humility. From this earth come trees, animals, and all living things. The earth gives life. And we are taught clearly that humility is the habitat of love. Where there is humility, love will reside. So just as life grows from the earth, love grows where there is humility. When there is no humility, there is no love.

Love is not merely a feeling. It is something we build, nurture, and uphold. It is a bridge that needs presence and consistency. In a world that often measures success by wealth, position, or self-interest, *Aqim al Wuddah* [to establish a connection of love] invites us to pause, and to reconnect with the inner thread that joins all hearts to, and in,
Al Wadud
[The Loving One;
The Source of Love].

- Shaykh Nishaat Ahmed Siddiqi



One of the greatest obstacles to this is pride. Pride is not a small thing. When pride appears, the self takes center stage. Pride takes you to idol worship. You begin to make yourself god. Because of this, we are called to rid ourselves of arrogance, jealousy, vengeance, and the need to dominate. To change our attitude. To become kind and merciful. And when Allah sees this, He says, "I like this habitat," and He sends His love.

When that love begins to appear, something changes. You want to please your Beloved. You begin to do what He loves. And this brings you to selflessness.

But there is a condition. As long as you keep looking in the mirror and seeing yourself, you will not see Allah. Get the "I" out. Then Allah will be seen.

This is not something abstract. It shows in how we live, in how we speak to one another, and in how we disagree, with respect, with humility, and with awareness that we belong to Allah.

It is also present in worship. This is especially seen in *niyaz*, where you come before Allah with humility, with kind words, aware of His greatness and your place before Him. You are acknowledging who is the Giver and who is in need.

And this does not end. When Allah raises you, more humility is required, not less. This is the work.

Humility prepares the heart for Allah's love. Without it, love does not remain. With it, the heart becomes a place where love can live. And this is where *Aqim al Wuddah* begins.

- MURSHIDA SHAYKHA MUZEYYEN VARGONEN ANSARI
& MURSHID SHAYKH TANER VARGONEN ANSARI

This article includes excerpts from spiritual discourses (Sohbets) given on:

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المُحِيط

AL MUHIT

The One Who
Encompasses All



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